



# Long Term Plan

# P.E.



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	Introduction to PE Unit 1	Games Unit 1	Dance Unit 1	Gymnastics Unit 1	Ball Skills Unit 1	Fundamentals Unit 1
<b>Reception</b>	Introduction to PE Unit 2	Games Unit 2	Dance Unit 2	Gymnastics Unit 2	Ball Skills Unit 2	Fundamentals Unit 2
<b>Year 1</b>	Target Games Unit 1 Dance	Target Games Unit 2 Dance	Yoga Team building	Gymnastics Sending and Receiving Unit 1	Striking and Fielding Unit 1 Sending and Receiving Unit 2	Striking and Fielding Unit 1 Fundamentals
<b>Year 2</b>	Invasion Games Unit 1 Dance	Invasion Games Unit 2 Dance	Yoga Team building	Gymnastics Fundamentals	Net and Wall Unit 1 Athletics	Net and Wall Unit 2 Athletics
<b>Year 3</b>	Golf Dance	Dodgeball Dance	Yoga O.A.A.	Gymnastics O.A.A.	Cricket Athletics	Rounders Athletics
<b>Year 4</b>	Tag Rugby Dance	Handball Dance	Yoga O.A.A.	Gymnastics O.A.A.	Badminton Athletics	Volleyball Athletics
<b>Year 5</b>	Golf Dance	Dodgeball Dance	Yoga O.A.A.	Gymnastics O.A.A.	Cricket Athletics	Rounders Athletics
<b>Year 6</b>	Tag Rugby Dance	Handball Dance	Yoga O.A.A.	Gymnastics O.A.A.	Badminton Athletics	Volleyball Athletics