Physical Education

Year 6

Autumn Term 2

Handball

Handball is an invasion game. In this unit pupils develop their understanding of the attacking and defending principles of invasion games. In all games activities, pupils have to think about how they use skills, strategies and tactics to outwit the opposition. In handball pupils do this by maintaining possession and moving the ball towards goal to score. Pupils develop their understanding of the importance of fair play and honesty while self-managing games and learning and abiding by key rules, as well as evaluating their own and others' performances.

Key skills

Physical: throw, catch, dribble, shoot, change direction, change speed
Social: communication, kindness, respect, collaboration
Emotional: confidence, honesty and fair play, determination, perseverance
Thinking: select and apply, decision making, problem solving, comprehension, reflection

National Curriculum links

use running, jumping, throwing and catching in isolation and in combination. Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending

Prior Learning Year 6 Tag Rugby Autumn 1

Next Steps KS3

Lesson objective	Declarative knowledge	Procedural knowledge	Key Vocabulary
1. To use a variety of passes to maintain possession	1. Use wide fingers to grip the ball	1. Finish with your hand where you want the ball to go	consistently
2. To select the appropriate skill to create space, move towards goal and away from defenders	2. Dribble at waist height	2. Use changes of direction and speed whilst dribbling	turnover
3. To select and apply the appropriate skill to score goals	3. Jump high into the air to gain a bigger scoring opportunity, travel at speed when performing a shot to get more power	3. Finish with your hand where you want the ball to go	dictate
4. To use defending skills to prevent an opponent from scoring	4. Close down the angle your opponent has	4. Use a ready position to react quickly	transition
5. To use the appropriate defensive technique for the situation	5. Move onto the ball to intercept	5. Communicate with your teammates	contest
6. To apply rules, skills and principles to play in a tournament	6. Be clear and confident if refereeing	6. Show good sportsmanship which gives a fair and competitive game	draw
		7. Make sure everyone has an opportunity to express their ideas	abide
			appropriate
			assess
			consecutive
			ball side

Health and Safety

Ensure any unused balls are stored in a safe place. This could be

Equipment

Base stations
Cones
Handball
Team bands
hoops

Assessment

I am confident to lead others and can contribute appropriate ideas to group work.
I can confidently apply defensive skills individually and as a team to gain possession, deny space and stop goals.
I can create and use space to help my team to maintain possession and create scoring opportunities. I can perform a range of skills with control and can select the appropriate action for the situation under pressure. I can work in collaboration with others to self-manage games so that they run smoothly.
I recognise my own and others' strengths and areas for development and can suggest ways to improve. I use the rules of the game honestly and consistently when playing and refereeing