



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Homemade Pasta Bolognese served with a Garlic Bread Slice	Fish Cake served with French Fries, Sweetcorn and Tomato Ketchup	Homemade Meat and Potato Pie topped with Shortcrust Pastry served with Green Beans and Gravy	Red Tractor Chicken Fillet served with Homemade Roast Potatoes, Freshly Mashed Carrot & Swede and Gravy	Bird's Eye Fish Fingers served with Herby Diced Potatoes and Baked Beans
Main Meal (non meat choice)	Vegetarian Hotpot served with Crusty Bread	Cheese and Tomato Pizza served with French Fries, Sweetcorn and Tomato Ketchup	Mixed Bean Chilli served with Boiled Rice and Homemade Garlic Dough Balls	Homemade Burrito's served with Carrot and Cucumber Batons	Diced Quorn and Vegetable Pasta Bake served with Fresh Seasonal Vegetables
Cold Choice	Freshly made sandwiches or wraps served with a choice from the salad bar	Freshly made sandwiches or wraps served with a choice from the salad bar	Freshly made sandwiches or wraps served with a choice from the salad bar	Freshly made sandwiches or wraps served with a choice from the salad bar	Freshly made sandwiches or wraps served with a choice from the salad bar
Pudding	Ice Cream Tub Fresh Fruits Cheese and Crackers Yoghurts	Homemade Apple Sponge served with Custard Fresh Fruits Cheese and Crackers Yoghurts	Fresh Fruits Cheese and Crackers Yoghurts	Homemade Shortbread Biscuit Fresh Fruits Cheese and Crackers Yoghurts	Homemade Chocolate and Orange Muffin Fresh Fruits Cheese and Crackers Yoghurts

A Jacket potato served with a choice of 3 fillings per day (from Tuna Mayonnaise, Baked Beans, Homemade Coleslaw and Cheddar Cheese)

Salford City Council

GREAT FOOD FOR GREAT YOUNG PEOPLE



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork sausages served with Creamy Mashed Potatoes, Farmhouse Vegetables and Gravy	Gammon Fillet served with Homemade Roast Potatoes, Fresh Shredded Cabbage and Gravy	Marinated Chicken Fillet served in a Burger Bun with Seasoned Jacket Wedges and Freshly Chopped Garden Salad	Diced Chicken in a Homemade Sweet and Sour Sauce served with Egg Noodles	Harry Ramsden's Salmon Fillet served with Oven Baked Chunky Chipped Potatoes and Baked Beans
Main Meal (non meat choice)	Quorn Biryani served with Freshly Baked Naan Bread	Brunch (Vegetarian Sausage, Mini Omelette, Hash Brown and Baked Beans)	Homemade Vegetarian Lasagne served with Freshly Chopped Garden Salad	Cheese and Tomato Pizza served with Herby Diced Potatoes, Garden Peas and Tomato Ketchup	Vegetarian Sausage Roll served with Oven Baked Chunky Chipped Potatoes and Baked Beans
Cold Choice	Freshly made sandwiches Or wraps served with a choice from the salad bar	Freshly made sandwiches Or wraps served with a choice from the salad bar	Freshly made sandwiches Or wraps served with a choice from the salad bar	Freshly made sandwiches or wraps served with a choice from the salad bar	Freshly made sandwiches or wraps served with a choice from the salad bar
Pudding	Homemade Ginger Biscuit Fresh Fruits Cheese and Crackers Yoghurts	Homemade Iced Lemon Cupcake Fresh Fruits Cheese and Crackers Yoghurts	Fresh Fruits Cheese and Crackers Yoghurts	Homemade Fruit Crumble served with Custard Fresh Fruits Cheese and Crackers Yoghurts	Fruit Jelly Fresh Fruits Cheese and Crackers Yoghurts

A Jacket potato served with a choice of 3 fillings per day (from Tuna Mayonnaise, Baked Beans, Homemade Coleslaw and Cheddar Cheese)

Salford City Council

GREAT FOOD FOR GREAT YOUNG PEOPLE



Primary
School Menu

Menu

CHOICES
by Citywide Services

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Diced Ham and Cheese Linguine served with Freshly Baked Tomato Bread	Roast Turkey served with Boiled New Potatoes, Baby Carrots and Gravy	Diced Chicken in a Creamy Curry Sauce served with Boiled Rice and Freshly Baked Naan Bread	Turkey Meatballs in a Homemade Tomato and Basil Sauce served with Pasta and Freshly Baked Garlic Bread	Vinegar Infused Tempura Battered Fish Fillet served with Creamy Mashed Potato and Baked Beans
Main Meal (non meat choice)	Vegetarian Cottage Pie served with Fresh Broccoli Florets and Gravy	Vegetarian Sausages served with Boiled New Potatoes, Baby carrots and Gravy	Cheese & Tomato Panini served with Seasoned Jacket Wedges and Homemade Tomato Salsa	Homemade Cheese Quiche served with Oven Baked Chunky Chipped Potatoes and Fresh Garden Salad	Crispy Golden Vegetable Nuggets served with Creamy Mashed Potato and Baked Beans
Cold Choice	Freshly made sandwiches Or wraps served with a choice from the salad bar	Freshly made sandwiches Or wraps served with a choice from the salad bar	Freshly made sandwiches Or wraps served with a choice from the salad bar	Freshly made sandwiches Or wraps served with a choice from the salad bar	Freshly made sandwiches Or wraps served with a choice from the salad bar
Pudding	Arctic Roll Fresh Fruits Cheese and Crackers Yoghurts	Homemade Abbey Biscuit Fresh Fruits Cheese and Crackers Yoghurts	Fresh Fruits Cheese and Crackers Yoghurts	Homemade Banana Sponge served with Custard Fresh Fruits Cheese and Crackers Yoghurts	Homemade Carrot Cake Muffin Fresh Fruits Cheese and Crackers Yoghurts

A Jacket potato served with a choice of 3 fillings per day (from Tuna Mayonnaise, Baked Beans, Homemade Coleslaw and Cheddar Cheese)

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